



RECIPE BY FABIEN DÉAL

Vitamin-boost

Recipe in 1 step



1 Cereal bar

Cereals	250g	21.9 %
Vanilla pod	1g	0.0 %
Sorbitol	90g	7.8 %
Sugar	180g	15.7 %
Honey	120g	10.5 %
Cream	270g	23.6 %
Butter	90g	7.8 %
COCOA BUTTER	30g	2.6 %
ROASTED COCOA BEANS VENEZUELA	80g	7.0 %
Grilled crushed hazelnuts	30g	2.6 %
Total	1141g	100%

Caramelize the sugar without water then lower the temperature with the cream, butter, cocoa butter and vanilla pod.

Stop the cooking process at 115°C, then add the chocolate and pour into a frame.